Church Family News and Prayers

PSALMS– A SHORT GUIDE

A bit of background

Five poetry collections from across nearly 500 years. From private emotions to public statements, you will find almost every conceivable feeling about God in these 150 psalms. Explanations vary about where and when they were originally sung or said but what unites them is that they're from life and for life.

Songs of Joy *(from Psalm 33)*

Don't do what you've always done;
Sing a new song to God and make it big with joy
For the Lord who made the sun, moon and stars.
He is the one whose work is built to last,
Who loves what's good and fair and trustworthy,
Who protects us with unceasing love.

The heart of the Psalms

Wherever you're lost,
Whatever has happened,
Whenever you're troubled,
His love will not falter.
However you feel,
However you've failed,
Whenever you call,
God will be there

from ***Bible in Ten*** *– David Kitchen*

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

Church Notices for Sunday 22nd November 2026
Sunday before Advent

Stewards: Sue Tester & Roy Methley

10.30am Rev. Cathy Gale - Communion

Lectionary: Ezekiel 34: 11-16, 20-24; Psalm 95: 1-7a or Psalm 100; Ephesians 1: 15-23; Matthew 25: 31-46

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:
Rev. *Cathy* Gale
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Lesley Meiklejohn
Office Administrator
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Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 29th November 2026
First Sunday of Advent

Stewards: Alison Harrison & Jenny Siddall

10.30am Rev. Robin Wood

Lectionary: Isaiah 64: 1-9; Psalm 80: 1-7, 17-19; 1 Corinthians 1: 3-9; Mark 13: 24-37



Informal mid-week Communion
An oasis of peace in a busy week.
Services held on the 2nd and 4th Thursdays of each month at 10:30am

Cyncoed Church Premises
For Out of Hours or Emergency access to the Cyncoed Church Premises, please call Martin on 07849 632 394

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.

Notices

- **Midweek Communion**
  We meet on Thursday November 26th and Thursday December 10th at 10:30am for a short communion service in the Fellowship Room. We'll then resume in the new year. All are welcome.
- **Bible Study**
  The Bible Study group will meet on Thursday December 3rd at 2pm to read the final chapter of the book of Ruth. We'll also meet on Thursday December 17th to look at some Christmas reading and to share some fellowship. All are welcome.
- **Christmas Contemplations**
  There is no Circuit Advent Study this year. Instead, you are invited to a time of reflection on Tuesday December 22nd here at Cyncoed in the Westminster Hall and Fellowship Room. There will be a reflective labyrinth and some stations for thinking about the Advent Theme for this year, "Don't Be Afraid." The space will be open from 2pm to 5pm, so drop in when convenient and get Christmas on the right footing!
- **Bible Reading Notes**
  New Daylight bible reading notes come out three times a year and Dave Kitchen has written the notes for Easter fortnight in the edition just published. If you are interested, this is the link to the right place for ordering: https://www.brfresources.org.uk/collections/our-notes/products/new-daylight-deluxe-edition-january-april-2025
- **Winter Outreach**
  Contributions toward the Winter edition will be VERY welcome!! This can be news, poems, prayers, reflections, stories or anything of interest.
  I would prefer where possible electronic versions to be sent via email to m_annetucker@yahoo.co.uk or submissions can be left in my tray in the church office.
  DEADLINE for submissions - **Sunday 29th of November**
  Anne Tucker