

Separate

Miles may divide us
Our work may set fences around us
Obligations may keep us in different places
Keep this in mind
Life shall not separate us

Troubles may intrude on us
Misunderstandings may cast shadows
The burdens we carry may make us feel alone
Remember this
Time cannot separate us

Prejudices may frustrate us
Opinions may set us on opposing sides
Experience may teach us different lessons
Trust to this
Change does not separate us

Darkness may overwhelm us
Lost hopes may leave us unready to go on
The days may become a place of forgotten dreams
Hold on to this
Death will not separate us

Neither time, nor life nor death itself
Need separate us if we love one another.

***We continue to pray for those members of our Church Family
and Friends who are unwell and all those who mourn.***

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 20th September 2026
Twenty-fifth Sunday in Ordinary Time**

Stewards: Alison Harrison & Roy Methley

10.30am Roger Yeo

Lectionary: Exodus 16: 2-15; Psalm 105: 1-6, 37-45; Philippians 1: 21-30;
Matthew 20: 1-16

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:

Rev. Cathy Gale

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Church Office: Tel: 029 2039 3439

Lesley Meiklejohn

Office Administrator

cyncoedmethodistchurch@gmail.com

Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 27th September 2026 **Twenty-sixth Sunday in Ordinary Time**

Steward: Sue Tester

10.30am Anthony Thomas

Lectionary: Exodus 17: 1-7; Psalm 78: 1-4, 12-16; Philippians 2: 1-13;
Matthew 21: 23-32.



Informal mid-week Communion

An oasis of peace in a busy week.

**Services held on the 2nd and 4th Thursdays of each month at
10:30am**

Cyncoed Church Premises

**For Out of Hours or Emergency access to the Cyncoed
Church Premises, please call Martin on 07849 632 394**

**Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.**

Notices

- ❖ **Mid-Week Communion** This Thursday, 24th September at 10.30am.
- ❖ **Safeguarding update** On recent publications from the Methodist Church Safeguarding Team, there has been an addition to the roles that need to attend Foundation Safeguarding Training. **Trustees** (members of the Church Council or Circuit Meeting) now need to complete the Foundation Training. Many will already have completed this for other roles they hold, but there will be some that will need to be trained for the first time. Please let Dave know if you think this is you. An email to davekitchen30 @hotmail. com would be good with your telephone number if Dave needs to get back for a word or two. Thanks
- ❖ **The Cardiff Foodbank** is in the process of overhauling their uniforms with the new logo from Trussell Trust. They are hoping to collect in all the old uniforms and turn them into beanie hats for the homeless (or anyone who needs them) for the winter. Would anyone be able to help with this? If so, please contact Gauri - 07971281711