

Thought Page

Success is going from failure to failure without loss of enthusiasm

Winston Churchill

The world is not a warehouse to serve our greed.

Rowan Williams

The man who has no imagination has no wings

Muhammad Ali

Inflation means that your money won't buy as much today as it did when you didn't have any.

Nothing in life need be boring. Adjust your attitude, think laterally. You'll be amazed.

Sarah Anderson

Hard work never killed anyone. Nonetheless, heart attacks peak at 9.00am on Monday mornings.

Not so much the work, then, as the thought of work!

Take away love and our earth is a tomb.

Robert Browning

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 16th August 2026
Twentieth Sunday in Ordinary Time**

Stewards: Alison Harrison & Jenny Siddall

10.30am Rev. Cathy Gale - Communion

Lectionary: Genesis 45: 1-15; Psalm 133; Romans 11: 1-2a, 29-32;
Matthew 15: (10-20) 21-28

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:

Rev. Cathy Gale

Tel: 029 2062 8705

gale285@btinternet.com

Church Office: Tel: 029 2039 3439

Lesley Meiklejohn

Office Administrator

cyncoedmethodistchurch@gmail.com

Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 23rd August 2026

Twenty-first Sunday in Ordinary Time

Steward: Sue Tester

10.30am Rev. Cathy Gale - Baptism

Lectionary: Exodus 1:8 – 2:10; Psalm 124; Romans 12:1-8;
Matthew 16:13-20



Informal mid-week Communion

**Is on a break until September 10th and will resume with
services on the 2nd and 4th Thursdays of each month at
10:30am**

Cyncoed Church Premises

**For Out of Hours or Emergency access to the Cyncoed
Church Premises, please call Martin on 07849 632 394**

**Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.**

Notices

- ❖ **Autumn Outreach** Contributions toward the Autumn edition will be VERY welcome!! This can be news, poems, prayers, reflections, stories or anything of interest.
I would prefer where possible electronic versions to be sent via email to [m annetucker@yahoo.co.uk](mailto:annetucker@yahoo.co.uk)
or submissions can be left in my tray in the church office.
DEADLINE for submissions - Sunday 23rd of August
- ❖ **Bible Study Group** We have a twice-monthly Bible Study group meeting in the Fellowship Room (by the Office) on the first and third Thursdays of the month from 2-3pm. We are currently delving in to Paul's letter to the Philippians and having some really interesting discussions. Please come along and join us - no previous knowledge required! The next few sessions will be held on August 6th and 27th (a week "late" to accommodate Cathy's leave) and then on September 3rd and 17th.
- ❖ **Cyncoed Methodist Church Community Garden** Huge thanks to all the volunteers on Monday and Tuesday who helped move the soil, construct the raised beds and provide teas and coffees. Thanks to these efforts (especially in the heat!), the work was done in a day and a half when we thought it would take at least three! So huge thank you! You can now start to see the garden taking shape if you want to take a peek! Coming up is the construction of the poly tunnel and there will be a shed! Thank you for your continued support and enthusiasm! - Heather'