

75 on the clock

I was frankly never expected to reach this age when I became one of the victims of the 1952 London smog. That uncertain start to life makes everything a bit more special. This piece also comes from the first **Salt** magazine. It's a reminder that from the beginning the Easter story was at the heart of what mattered most to me,

Do not weep now

Jesus saith unto her: "Mary."
She turned herself and saith unto him "Rabboni"
Which is to say "Master."

Softly, lest the crowds hear,
In the quiet dawn
Let us walk together
Now the day is born.

Weeping? Do not weep now
For your Lord is near.
Mary, cry no longer
Now that I am here,

Crying, it is over.
See the flowers rise.
I have died and risen.
Now the darkness dies

Thanks for the good wishes. We'll return the back pages to the current century next week! **Dave K**

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 19th July 2026
Sixteenth Sunday in Ordinary Time**

Stewards: Alison Harrison & Jenny Siddall

10.30am Tim Phillips

Lectionary: Genesis 28: 10-19a; Psalm 139: 1-12, 23-24; Romans 8: 12-25; Matthew 13: 24-30, 36-43

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:

Rev. Cathy Gale

Tel: 029 2062 8705

gale285@btinternet.com

Church Office: Tel: 029 2039 3439

Lesley Meiklejohn

Office Administrator

cyncoedmethodistchurch@gmail.com

Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 26th July 2026

Seventeenth Sunday in Ordinary Time

Steward: Sue Tester

10.30am Rev. Robin Wood - Communion

**Lectionary: Genesis 29: 15-28; Psalm 105: 1-11, 45b or
Psalm 128; Romans 8: 26-39; Matthew 13:31-33, 44-52**



Informal mid-week Communion

Is on a break until September 10th and will resume with services on the 2nd and 4th Thursdays of each month at 10:30am

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises. please call Martin on 07849 632 394

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.

Notices

❖ **Autumn Outreach**

Contributions toward the Autumn edition will be VERY welcome!!

This can be news, poems, prayers, reflections, stories or anything of interest.

I would prefer where possible electronic versions to be sent via email to m_annetucker@yahoo.co.uk

or submissions can be left in my tray in the church office.

DEADLINE for submissions - **Sunday 23rd of August**

❖ **Thursday Morning Communion**

We are now on a break until September when we shall resume with services on the 2nd and 4th Thursdays of each month at 10:30am (beginning on September 10th).

❖ **Bible Study Group**

We now have a twice-monthly Bible Study group meeting in the Fellowship Room (by the Office) on the first and third Thursdays of the month from 2-3pm. We are currently delving in to Paul's letter to the Philippians and having some really interesting discussions. Please come along and join us - no previous knowledge required! The next few sessions will be held on August 6th and 27th (a week "late" to accommodate Cathy's leave) and then on September 3rd and 17th.