

## **75 almost up!**

By the time the next notices are printed, I'll have clocked up birthday number 75, something I could never have imagined when I started training as a local preacher back in 1968. So the next two weeks' pieces go back to those very early years and **Salt** magazine Number One. Here's the first of them.

### **Gentle in your love**

Make me gentle in your love, Lord  
Make me kind to every man;  
Let me learn that I need others  
To be all that I am.

Make me cry when I am stone, Lord;  
Make me warm when I am cold;  
Make me wise when I am young, Lord,  
And young when I am old.

I am yours and you are mine, Lord,  
And together we are one,  
And, out of that, new life is born  
And love again begun

At the start this was just a poem but later the choir at Park End turned it into an anthem making it doubly special. One of many lovely moments across the years! Thanks, **Dave K**

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***

## **Welcome to Cyncoed Methodist Church**



**part of Cardiff Methodist Circuit**

### **Church Notices for Sunday 12th July 2026 Fifteenth Sunday in Ordinary Time**

**Steward: Sheila Scott**

**10.30am Rev. Cathy Gale  
General Church Meeting**

**3.00pm Messy Church**

**6.00pm Reflective Service @ St Andrew's**

**Lectionary: Genesis 25: 19-34; Psalm 119: 105-112; Romans 8: 1-11;  
Matthew 13: 1-9, 18-23**

### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

**Minister:**

**Rev. Cathy Gale**

Tel: 029 2062 8705

[gale285@btinternet.com](mailto:gale285@btinternet.com)

**Church Office: Tel: 029 2039 3439**

**Lesley Meiklejohn**

**Office Administrator**

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

*Office Hours: Mon - Thurs 8:30am to 11:30am*

**Sunday 19th July 2026**

**Sixteenth Sunday in Ordinary Time**

**Stewards: Alison Harrison & Jenny Siddall**

**10.30am Tim Phillips**

**Lectionary:** Genesis 28: 10-19a; Psalm 139: 1-12, 23-24;  
Romans 8: 12-25; Matthew 13: 24-30, 36-43



**Informal mid-week Communion**

**Thursdays at 10.30am in the Fellowship Room**

*An oasis of peace in a busy week*

**Cyncoed Church Premises**

**For Out of Hours or Emergency access to the Cyncoed Church Premises. please call Martin on 07849 632 394**

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

**before 5.00pm on Wednesday.**

## Notices

- ❖ **General Church Meeting** will be held after the morning service this Sunday 12<sup>th</sup> July 2026.
- ❖ **Bible Study Group** Following our meeting a few weeks ago, we decided to have a regular Bible Study Group on the first and third Thursdays of each month, beginning on Thursday July 2nd. The group will be led by Cathy and run from 2-3pm in the Fellowship Room. All are welcome and encouraged to participate, whether you feel your Bible knowledge is extensive or not so great! **Next meeting 16<sup>th</sup> July.**
- ❖ **Meet, Eat and Connect** The next breakfast event will be held on Saturday 11th July at 10.00am to 11.30am in the Fellowship Room, Cyncoed Church when we will be delighted to welcome Martin Hooper, who will be sharing 'The Ancient Borough and Freeman of Llantrissant'. All very welcome. After a break in August we will recommence on Saturday 12th September for another opportunity for us all to Meet, Eat and Connect.