

Church Family News and Prayers

Lifebelt

*Too often, we sit at the edge of where
we should be rather than at the heart of it*

I've watched as boats are tossed by storms,
Existence on the line.
I've prayed for mercy, wisdom, calm
For their lives...and for mine.

He was once a sailor, too;
He slept his nights at sea.
And, when he woke, the words he spoke
Disarmed the waves...and me.

It's a secret and a sorrow
And sad to carry round:
The knowledge of the gifts I've lost
Like oceans run aground.

He too had gifts to travel with,
Each given at his birth.
Whilst others counted out their cost,
He opened out their worth.

Yet I say I've got little left,
I've not much strength or fight.
I drop my shoulders, pull down blinds,
Look warm and safe at night.

But part of me is still at sea
And part of me's adrift.
I know that land is close at hand;
I fear to clasp his gift.

***We continue to pray for those members of our Church Family
and Friends who are unwell and all those who mourn.***

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 28th June 2026
Thirteenth Sunday in Ordinary Time**

Steward: Sue Tester

10.30am Deacon Laura Evans

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:

Rev. Cathy Gale

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Lesley Meiklejohn

Office Administrator

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Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 5th July 2026

Fourteenth Sunday in Ordinary Time

Stewards: Angela and Heather Bailey

9.15am Rev. Cathy Gale – Communion

4.00pm Rev. Cathy Gale – Informal Service



Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room

An oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises, please call Martin on 07849 632 394

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com

before 5.00pm on Wednesday.

Notices

- ❖ **General Church Meeting** will be held after the morning service on Sunday 12th July 2026.
- ❖ **Bible Study Group** Following our meeting a few weeks ago, we have decided to have a regular Bible Study Group on the first and third Thursdays each month, beginning on Thursday July 2nd. The group will be led by Cathy run from 2-3pm in the Fellowship Room. All are welcome and encouraged to participate, whether you feel your Bible knowledge is extensive or not so great!