

Thought Box

Seventy per cent of success in life is showing up.

Woody Allen

Do not fall in love with your work...it will not love you back

Anon.

Do not confine your children to your own learning
for they were born in another time.

Hebrew Proverb

Saving is a very fine thing,
especially if your parents have done it for you.

Winston Churchill

I have not failed,
I've just found ten thousand ways that won't work.

Thomas Edison

***We continue to pray for those members of our Church Family
and Friends who are unwell and all those who mourn.***

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 17th May 2026
Seventh Sunday of Easter**

Steward: Sue Tester

10.30am Gauri Taylor-Nayar

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

Minister:

Rev. Cathy Gale

Tel: 029 2062 8705

gale285@btinternet.com

Church Office: Tel: 029 2039 3439

Lesley Meiklejohn

Office Administrator

cyncoedmethodistchurch@gmail.com

Office Hours: Mon - Thurs 8:30am to 11:30am

Sunday 24h May 2026

Pentecost

Stewards: Alison Harrison and Jenny Siddall

**10.30am Rev. Cathy Gale
(including Baptism)**



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises, please call Martin on 07849 632 394

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.

Notices

- ❖ **Summer Outreach** Contributions toward the Summer edition will be VERY welcome!! This can be news, poems, prayers, reflections, stories or anything of interest.
I would prefer where possible electronic versions to be sent via email to m_annotucker@yahoo.co.uk or submissions can be left in my tray in the church office.
DEADLINE for submissions - Sunday 17th of May
- ❖ **June Evans** June's funeral will be held on Monday 18th May, 11.15am at Pidgeons Funeral Home, 539 Cowbridge Road East, Cardiff CF5 1BD. June was a regular at Cyncoed, she was a lovely, caring lady who will be greatly missed by many.
- ❖ **Garden project update:** I am thrilled to announce that Cyncoed Methodist Church has successfully passed the first stage of the application process for a Places for Nature garden package. The next step is a site visit to check the suitability of the space.
Heather Bailey
- ❖ **Christian Aid Week.** Sunday 10th May is the commencement of Christian Aid Week. As Christians we are told to help our neighbours. Who are our neighbours.? There are so many people in foreign lands in dire need of Help. We are unable to help them but, Christian Aid can and does. So by giving generously to Christian Aid we are in a small way fulfilling the responsibilities of being a Christian. It is hoped, that you take two Christian Aid envelopes home, one for you to use and one to give a friend or neighbour, and return it next week in the collection plate or to the Cyncoed Methodist Church letter box in the coming weeks.
Thank You.
- ❖ **The Big Little Plant Sale for Alzheimer's Society**
Sarah Duncan-Jones remarkable annual charity plant sale takes place at 29 Park Avenue, Whitchurch CF14 7AL on Sunday 17 May from 2-4pm. Those who went last year asked for a reminder of when it is ... so now you know. One of the most remarkable open house events you will probably ever find!
Refreshments available. Card or cash.
- ❖ **Church Coffee Morning** for Christian Aid, Saturday June 6th.
more details to follow.
- ❖ **'A Million Acts of Hope'** event held at The Trinity Centre by the Cardiff City of Sanctuary a flyer with more details is attached.
- ❖ **BBC Radio 4's Sunday Worship on 17th May** is led by Rev. Dr. Stephen Wigley with prayers from Rev. Cathy Gale.
You can listen to the service live from 8.10am or you can listen at any time via this link
<https://www.bbc.co.uk/programmes/m002wj3>