

## Church Family News and Prayers

Love means changing your centre,  
Not remaining closed up in yourself.  
To love is to put yourself in someone else's shoes,  
Asking what they need, what is happening to them.

Love is letting go, surrendering, becoming one.  
It is generosity, openness, commitment.  
To love is to make yourself vulnerable:  
An interplay of troubles and joy, of poverty and riches.

Love is being available: helping, supporting,  
Shielding others from darkness and disappointment.  
To love is to create spaces for others,  
Enabling the very best to flower.  
It is communication and partnership.  
To love is to encourage, to value,  
To accept the other as he or she is,  
In weakness and in strength.

Love is not judging by what most people see:  
By achievement, success or results.  
It is not asking *what can you give me*  
But *what can I give you?*  
Love is warmth and life, goodness and sorrow,  
Happiness and pain.  
Unfathomable, inexhaustible, a mystery:  
To love is to become the other.

*adapted from Jean de Rooy's Tools for Meditation*

***We continue to pray for those members of our Church Family  
and Friends who are unwell and all those who mourn.***

## Welcome to Cyncoed Methodist Church



**part of Cardiff Methodist Circuit**

**Church Notices for Sunday 26th April 2026  
Fourth Sunday of Easter**

**Steward: Sue Tester**

**10.30am Rev. Robin Wood**

### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

**Minister:**

**Rev. Cathy Gale**

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**Church Office: Tel: 029 2039 3439**

**Lesley Meiklejohn**

**Office Administrator**

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*Office Hours: Mon - Thurs 8:30am to 11:30am*

**Sunday 3<sup>rd</sup> May 2026**  
**Fifth Sunday of Easter**

**Stewards: Angela and Heather Bailey**

**10.30am Dave Kitchen**

**4.00pm Informal Service**



**Informal mid-week Communion**  
**Thursdays at 10.30am in the Fellowship Room**  
*An oasis of peace in a busy week*

**Cyncoed Church Premises**

**For Out of Hours or Emergency access to the Cyncoed Church Premises, please call Martin on 07849 632 394**

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.

**Notices**

- ❖ **Informal mid-week communion** restarts Thursday 30<sup>th</sup> April.
- ❖ **Summer Outreach** Contributions toward the Summer edition will be VERY welcome!! This can be news, poems, prayers, reflections, stories or anything of interest.  
I would prefer where possible electronic versions to be sent via email to [m\\_annetucker@yahoo.co.uk](mailto:m_annetucker@yahoo.co.uk) or submissions can be left in my tray in the church office.  
DEADLINE for submissions - Sunday 17<sup>th</sup> of May
- ❖ **Funeral of Geoff Beach** Sian Beach invites those who remember Geoff from his years at Cyncoed to his funeral at **Cathays Methodist on Friday 1<sup>st</sup> May at 1.00pm.**  
Geoff had a peaceful final few years and made it to 90. The funeral will be conducted by Dave Kitchen at Sian's request. You would be most welcome.
- ❖ **Race for Life** I am taking part in the 5K Race for Life on Sunday 3<sup>rd</sup> May, if you would like to sponsor me, there is a form on the table in the vestibule - any money raised goes straight to Cancer Research U.K. Thank you for your support, Alison H.
- ❖ **Morning worship on May 3<sup>rd</sup>** Just a reminder that that the service will be at **10.30am** (and not at 9.15am as in the Plan)  
As Cathy is away with all the Circuit young people, Dave Kitchen will be deputising.  
This will be a relaxed worship service and we will be starting with coffee.  
It will not be a radical departure from the norm but simply a taste of what other fellow congregations are exploring.  
Please join us if you can.