

## **A second Letter to Timothy**

**: Paul's letter in a Bible in Ten version (Part two)**

Dear Timothy: You know we won't break world records if we don't put in the training miles; we can't be a soldier and have a part-time job on the side; we're not only a farmer on the days that the sun shines. I'm in chains now but the message isn't. Keep in your head these truths about Christ. If we've died with him, we'll live with him; if we don't give up, we'll be by his side through all eternity. If we turn our back on him, he'll have no choice but to do the same but, if we fall behind, he will always wait for us.

Stand by this and don't get drawn into nit-picking about the detail. The church, like everything else, is a real assortment. Become one of the best bits of that mixture. To be useful to God you need to have a clean heart. So avoid all the rubbish that goes on around you. And focus all your energies on being the kind of person God can use: kind, patient, faithful and easy to get along with.

There'll be hard times ahead when you'll be surrounded by heartless ones: puffed up, greedy people with little pity or self-control. Of course, they won't look like that. In fact, they may seem very religious on the face of it. But it won't be real.

Timothy, you know me: what I teach and what my life's been like. It's been hard but the Lord's got me through the bad times. And I think that's the same for all of us.

*(Final part next week)*

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***

## **Welcome to Cyncoed Methodist Church**



**part of Cardiff Methodist Circuit**

**Church Notices for Sunday 12<sup>th</sup> October 2025  
Twenty-eighth Sunday in Ordinary Time**

**Steward: Heather Bailey**

**10.30am Local Arrangement**

**3.00pm Messy Church**

**6.00pm Deacon Laura Evans  
Reflective Service @ St Andrew's**

### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

**Minister:**

**Rev. Cathy Gale**

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**Church Office: Tel: 029 2039 3439**

**Lesley Meiklejohn**

**Office Administrator**

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

*Office Hours: Mon - Thurs 8:30am to 11:30am*

**Sunday 19<sup>th</sup> October 2025**

**Twenty-ninth Sunday in Ordinary Time**

**Stewards: Alison Harrison and Jenny Siddall**

**10.30am Anthony Thomas**



**Informal mid-week Communion**

**Thursdays at 10.30am in the Fellowship Room**

*An oasis of peace in a busy week*

**Cyncoed Church Premises**

**For Out of Hours or Emergency access to the Cyncoed Church Premises, please call Martin on 07849 632 394**

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

**before 5.00pm on Wednesday.**

**Notices**

- ❖ **Messy Church - 12.10.25, 3-5pm**  
Theme - Compassion: being kind to all people  
Look forward to sharing the session together!
- ❖ **Tuesdays Toddler Group 9.15 -11.15**  
We are a popular, friendly group and we are looking for a volunteer or 2 to join our team. In particular, help setting up would be useful, from about 8.45am. If you are interested, but can't make it every week, don't let that stop you getting in touch with us.  
If you may be able to help or would like more details, please see Jess or contact on 07946 378185.
- ❖ **Meet, Eat and Connect** Our next event will be held on **Saturday 11th October, 10 - 11.30 am** in the Fellowship Room, Cyncoed Church. We will share a light breakfast before welcoming our guest speaker, John Deeming who will give a fascinating insight into 'The diary of a bug hunter'. All very welcome.'
- ❖ **Television** Do you have a spare TV to donate to the church?  
We are looking for a 40" flat screen tv which **must** have both a HDMI slot and a USB port.  
It is to go in the foyer to display notices and events.  
Please see either Martin Rees or John Worth.