Church Family News and Prayers

Friends are...

What are friends for?

Friends are the glue that holds weeks together.

They can come and they can go

But the best appear just when needed.

Friends listen.

They know when to give advice,

When to say nothing.

You can laugh or yell with friends

And not be embarrassed,

You can scream or cry

And not be ashamed.

Friends are the gate to summer,

The last fence against madness

And the song that can still be heard

In the longest silence of the night.

Money makes you rich

But friends make you whole.

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

CYNCOED METHODIST CHURCH

Church Notices for Sunday 10th July 2022
15th Sunday in Ordinary Time
Action for Children Sunday

Services

Steward: Sue Tester

10.30am Rev. Kofi Amissah – Communion

3.00pm Messy Church

Readings: *Amos 7: 7-17; Psalm 82; Colossians 1: 1-14; Luke 10: 25-37*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:
Rev. Kofi Amissah
Tel: 029 2030 8392 kofi.amissah@methodist.org.uk
Rev. Alexis Mahoney
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Family & Community Lay Worker - Helen Osborne
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Sunday 17th July 2022
Sixteenth Sunday in Ordinary Time

10.45am Rev. Kofi Amissah - Joint Communion Service at St Andrew's

NO Service at Cyncoed

Readings*: Amos 8: 1-12; Psalm 52; Colossians 1: 15-28; Luke 10: 38-42*

Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises
please call Martin on 07849 632 394 or
email: cyncoedmethodistchurch@gmail.com

Notices

- **Messy Church**: Sunday 10th of July, 3- 5pm
  Theme - Zac's up the tree!
  Look forward to sharing the session with you! Anne

- **Door Steward Volunteers:** There will be a sheet on the front table of the Church, would people who are happy to help as Door Stewards please sign on a date that they are available, ideally at least one person per week would be great.
  Thank you. Sue Tester

- **Race for Life**: I am hoping to take part in the Cardiff 5K Race for Life on Sunday 10th July to raise funds for Cancer research, if you would like to support me there is a sponsorship form on the table in the foyer, thank you. Alison Harrison

- **Circuit Farewell Service:** Sunday 17th July - 6pm
  Wesley Methodist Church, Caerphilly
  Join us to give thanks for the work and friendship of Rev. Alana Lawrence and Rev. Paul Martin as they prepare to continue their Ministry in their new Circuits.

- **Men's Breakfast:** The next Men's Breakfast will be on Saturday 9th July at 8.30 in the Fellowship Room.
  Come and join us for lovely food, great fellowship and good conversation.
  Please book your place by signing the sheet in the church foyer or by emailing cyncoedmethodistchurch@gmail.com or messaging to 07788 701129

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.