

## Words for the wise

Start as small as you like: anyone can grow to be big-time in God's work. (*Mark*)

You love those who love you? Everyone does. What's special is to love those who don't. (*Matthew*)

If someone needs a little help, don't stop there...make it a big help. (*Matthew*)

The real mystery in life is the wonder that Christ lives in you. That's the key to unlock the puzzles of this planet, not senseless argument. God put you right, forgave all your sin. You don't need anything on top of that. (*Colossians*)

Evil words are like an ambush. Answer bad with good and you'll escape the trap. (*Proverbs 12*)

Stupid people get angry at the slightest thing. Much wiser to ignore an insult. (*Proverbs 12*)

*(words taken from Dave Kitchen's **Bible in Ten**, a reader-friendly guide to almost everything in the bible, coming from **BRF** early next year.)*

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***



**CYNCOED METHODIST CHURCH**

## **Church Notices for Sunday 19<sup>th</sup> June 2022 12<sup>th</sup> Sunday in Ordinary Time**

### *Services*

**Steward: Angela and Heather Bailey**

### **10.30am The Stewards**

**Readings:** *1 Kings 19: 1-4 (5-7) 8-15a; Psalms 42 & 43;  
Galatians 3: 23-29; Luke 8: 26-39*

### **No More Covid Restrictions**

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

### **At Cyncoed Methodist Church**

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

### The Ministerial Team:

#### Rev. Kofi Amissah

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#### Rev. Alexis Mahoney

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#### Family & Community Lay Worker - Helen Osborne

Tel: 029 2039 3439, mobile 07788 701 129, [helen.osborne11@btinternet.com](mailto:helen.osborne11@btinternet.com)

#### Church Office: 029 2039 3439

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

### Sunday 26th June 2022

#### Thirteenth Sunday in Ordinary Time

Steward: Jenny Siddall

10.30am Dave Kitchen

Readings: 2 Kings 2: 1-2, 6-14; Psalm 77: 1-2, 11-20; Galatians 5: 1, 13-25;  
Luke 9: 51-62



#### Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room  
*An Oasis of peace in a busy week*

### Cyncoed Church Premises

**For Out of Hours or Emergency access to the Cyncoed Church Premises**

**please call Martin on 07849 632 394 or**

**email: [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)**

## Notices

- ❖ **Methodist Homes (MHA):** On 12th June we think about the work of Methodist Homes (MHA). The theme is 'Growing Together' inspired by Isaiah 43:19 and focuses on how the beauty, tranquility and joy of nature, can reduce isolation and bring communities together. Money raised will be used to enhance outdoor spaces to enrich residents' daily experiences and offer spaces for reflection. There are envelopes at the back of the Church for donations. Thank you. Carol & John
- ❖ **Door Steward Volunteers:** There will be a sheet on the front table of the Church, would people who are happy to help as Door Stewards please sign on a date that they are available, ideally at least one person per week would be great. Thank you. Sue Tester
- ❖ **Lunch Club:** Thank you to those who were able to make/provide cakes for our recent Coffee morning. The event was very much enjoyed, especially by those from our 'Lunch Club'. We're hoping to make this a more regular event, but really need to have more helpers. If you think that might be you, or you know of someone else, please to let me know. Helen
- ❖ **Race for Life:** I am hoping to take part in the Cardiff 5K Race for Life on Sunday 10<sup>th</sup> July to raise funds for Cancer research, if you would like to support me there is a sponsorship form on the table in the foyer, thank you. Alison Harrison

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.