

## Church Family News and Prayers

### **Can do**

As we'd both been runners as youngsters, my brother and I went to the London Olympics together. We'd got tickets for one evening of athletics without realising they'd be the magical night when three British gold medals were won in less than an hour. Lucky us!

Spending time together, we settled into talking about growing up together. I asked him about why he'd always loved sport so much. Well, I was good at it, he told me. And I was jealous of how good you were in the classroom. So I concentrated on sport.

I was staggered because I'd always been jealous of how fast he ran. It's ridiculous, when you think about it, but I suspect it's what brothers and sisters are doing the world over. We can't be good at everything but sometimes we wish we were. You can fritter a whole life away wishing for things that frankly can never happen.

If God had meant me to be different to how I am, I tell myself, he'd have made me like that. It's no excuse for laziness but it does mean we can stop being bothered by particular levels of skills that we simply don't possess.

My brother went on to discover there were academic things he could do. Although he failed at school, he became a university professor. However, even today, there are things where both of us draw a blank: I can't do plumbing; he can't do poetry. It doesn't matter. God smiles down on both of us when we're working hard at what we can do. And, I like to imagine, he yells as passionately as an Olympics crowd when we need that final push to do the absolute best we can.

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***

## **Welcome to Cyncoed Methodist Church**



**part of Cardiff Methodist Circuit**

**Church Notices for Sunday 25th February 2024  
Second Sunday in Lent**

### *Services*

**Steward: Jenny Siddall**

**10.30am Rev. Irfan John**

**Readings:** *Genesis 17: 1-7, 15-16; Psalm 22: 23-31; Romans 4: 13-25;  
Mark 8: 31-38*

### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

### The Ministerial Team:

**Rev. Cathy Gale**

Tel: 029 2062 8705 [gale285@btinternet.com](mailto:gale285@btinternet.com)

**Rev. Alexis Mahoney**

Tel: 029 2030 0321 [revalexismahoney@gmail.com](mailto:revalexismahoney@gmail.com)

**Church Office: 029 2039 3439**

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

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## Sunday 3<sup>rd</sup> March 2024 Third Sunday in Lent

**Steward: Sue Tester**

**9.15am Rev. Cathy Gale - Communion**

*Readings: Exodus 20: 1-17; Psalm 19; 1 Corinthians 1: 18-25; John 2: 13-22*



**Informal mid-week Communion**  
**Thursdays at 10.30am in the Fellowship Room**  
*An oasis of peace in a busy week*

## Cyncoed Church Premises

**For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394**

## Notices

- ❖ **Jean Rees** Funeral details, are:  
Tuesday 27th February, 11am at the Wenallt Chapel, Thornhill.
- ❖ **SPRING OUTREACH**  
As always, contributions toward our Spring edition will be VERY welcome!!  
This can be news, poems, prayers, reflections, stories, or anything of interest.  
Submissions can be left in my tray in the church office.  
**Deadline for submissions is Sunday 25<sup>th</sup> February**
- ❖ **Circuit Lent Study - 'Faith is a Verb'**  
The course acknowledges that 'Faith' has an active component; one which is intertwined with how we live out our faith in daily life. We explore the messiness and complexity of life in the light of our faith; raising and exploring questions and wrestling with what is going on in the world through our eyes of faith.

### Monday Evenings on Zoom

19th February - 25th March, 7.30pm - 9.00pm

### Wednesday Afternoons

at Wesley Methodist, Caerphilly  
21st February - 27th March, 2.00pm - 3.30pm

**Also**, Pontprennau Community Church are following the same material and invite anyone to join them.  
Tuesdays on Zoom 7.30pm and Wednesdays 1.30pm at the Church.

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.