

Church Family News and Prayers

Electricity for the brain

an introduction to Proverbs

Solomon's box of delights for setting off fireworks in the mind. Coaching on how to get a grip on life, points for parents as well as kids. Stuff for people who think they're clever as well as those who fear their brain was lost at birth. And it's blunt. This is for starters.

Nervous of God? A bit scared? Good. At least there's a chance you might head in the right direction.

Don't care much what others have discovered and want to go your own way all the time?

You're a gold-medal, prize-winning idiot.

As the book sets out to get your brain working, there's an absolute bundle of goodies on what it means to be wise. Here's a sample.

Get wisdom before the world gets you:

It'll let you understand what's fair and right.

You'll stay away from those who stir it up

Or take you where you shouldn't be.

You'll trust in God, be trustworthy to others

And you won't think you're cleverer than you are.

Wisdom was there at the beginning, created by God.

Not to make people big-headed and troublesome

But to help them be sensible and mature.

And the invitation's there...for everyone who searches.

from an early draft of Bible in Ten – David Kitchen (BRF)

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

Welcome to Cyncoed Methodist Church



part of Cardiff Methodist Circuit

**Church Notices for Sunday 4th February 2024
Fifth Sunday in Ordinary Time**

Services

Steward: Angela and Heather Bailey

9.15am Rev Cathy Gale - Communion

Readings: *Isaiah 40: 21-31; Psalm 147: 1-11, 20c; 1 Corinthians 9: 16-23;
Mark 1: 29-39*

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Cathy Gale

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Sunday 11th February 2024
Sunday before Lent

Steward: Alison Harrison

10.30am Dave Kitchen

Readings: 2 Kings 2: 1-12; Psalm 50: 1-6; 2 Corinthians 4: 3-6; Mark 9: 2-9



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises
please call Martin on 07849 632 394

Notices

- ❖ **Doug Griffiths** Doug's funeral is at 3.30pm on Monday 5th February at the Wenallt chapel, Thornhill. We give thanks for Doug's life and remember his wife Margaret and family in our thoughts and prayers.
- ❖ **Ron Farnsworth** wishes it to be known that he will be 90 on the 8th February. He will be at the service on the 11th and hopes you will join him afterwards for birthday cake.
- ❖ **SPRING OUTREACH**
As always, contributions toward our Spring edition will be VERY welcome!!
This can be news, poems, prayers, reflections, stories, or anything of interest.
Submissions can be left in my tray in the church office.
Deadline for submissions is Sunday 25th February.

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.