

## State of Grace

Say good morning to the Kingdom of Forgiveness;

Tip your hat to the Country of the Kind;

Take the grudge list to the shredder

With the things you wish were better;

Change your heart, wash your soul, clear your mind.

Take the turning to the city of New Welcomes:

The place which allows a second chance.

Dump the baggage from your years of disappointments

When it felt you were not worth a second glance.

Choose the pathway where the people never hurry,

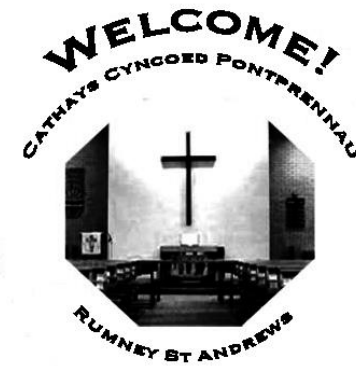
Where everyone finds time and breathing space.

Leave the darkness, ditch the bright lights:

Both distract you.

We are travellers who need a State of Grace

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***



**CYNCOED METHODIST CHURCH**

### **Church Notices for Sunday 8th October 2023 Twenty-seventh Sunday in Ordinary Time**

#### *Services*

**Steward: Angela and Heather Bailey**

**10.30am Dave Kitchen**

**6.00pm Café Church @ Cathays**

**Readings:** Exodus 20: 1-4, 7-9, 12-20; Psalm 19; Philippians 3: 4b-14;  
Matthew 21: 33-46

#### **No More Covid Restrictions**

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

#### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

**The Ministerial Team:**

**Rev. Cathy Gale**

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**Sunday 15th October 2023**

**Twenty-eighth Sunday in Ordinary Time**

**Steward: Sue Tester**

**10.30am. Ian Thomas**

**Readings:** Exodus 32: 1-14; Psalm 106: 1-6, 19-23; Philippians 4: 1-9;  
Matthew 22: 1-14



**Informal mid-week Communion**  
**Thursdays at 10.30am in the Fellowship Room**  
*An oasis of peace in a busy week*

**Cyncoed Church Premises**

**For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394**

## Notices

- ❖ **A Thank You:** I just wanted to say a huge 'Thank you' for your generosity in sponsoring me on the Memory Walk on 17th September. My friend (and colleague) and I managed to raise in excess of £1000 to go to this essential charity... and got extremely wet in the process 😊  
God bless you. Helen (Osborne) xx  
**(If you have any outstanding sponsor money for Helen Osborne, please let Sue Tester have it ASAP. Thanks Sue)**
- ❖ **Trinity Centre Coffee Morning** All are invited to Trinity's Coffee Club on Wednesdays from 10am - 11.30am. They are now meeting at Parkminster Church during the building work at Trinity.

Please send items for the church notices to the Church Office or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.