

Am I bothered?

It was Catherine Tate's TV catchphrase when she played Lauren if my memory hasn't collapsed completely. And, even if Lauren never was bothered, nearly every one of us will be from time to time.

The new series of evening services that start tonight (*September 10*) is titled *Wordbothering* because most people have questions about themselves and their faith.

In this first service, we'll be asking about what we see when we look in a mirror plus what we see (and also miss) when we look at others.

There will be music, poetry, reflection, prayer, time to share and time to listen. There will be no long preach. In fact, nothing in the whole service will be long and it will last less than an hour.

There have been enough people asking about a different kind of gathering on Sunday evening for us to try one out. If no one comes, that's fine and future ones will be quietly cancelled! But if you'd like to try something a little different, this is your chance.

It's this Sunday at 6.00pm at Cathays Methodist and I promise you will be made most welcome

Dave Kitchen

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 10th September 2023 **Twenty-third Sunday in Ordinary Time**

Services

Steward: Alison Harrison

10.30am Local Arrangement – The Stewards

3.00pm Messy Church

Readings: Exodus 12: 1-14; Psalm 149; Romans 13: 8-14; Matthew 18: 15-20

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Cathy Gale

Tel: 029 2062 8705 gale285@btinternet.com

Rev. Alexis Mahoney

Tel: 029 2030 0321 revalexismahoney@gmail.com

Church Office: 029 2039 3439

cyncoedmethodistchurch@gmail.com

Sunday 17th September 2023 Twenty-fourth Sunday in Ordinary Time

Steward: Jenny Siddall

10.30am Rev. Cathy Gale - Communion

Readings: Exodus 14: 19-31; Psalm 114 *or Canticle:* Exodus 15: 1b-11, 20-21;
Romans 14: 1-12; Matthew 18: 21-35



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises
please call Martin on 07849 632 394

Notices

- ❖ **Messy Church:** Sunday 10th of September, 3 - 5pm
Theme - 'Care for our World' (Psalm 24:1-2)
[Look forward to sharing the session with you.](#)
- ❖ **Memory Walk** Helen Osborne is doing the Memory walk on behalf of the Alzheimer's Society on September 17th.
If anyone would like to sponsor her there will be a form on the vestibule table and any donations can be given to the stewards. Thank you
- ❖ **Cafe Church** Dave Kitchen writes: the new series of evening services that start on **September 10** is titled **Wordbothering** because most people have questions about themselves and their faith. The Word encourages us but it also challenges us.
In this first service, we'll be asking about what we see when we look in a mirror plus what we see (and also miss) when we look at others. We could do with a few mirrors to lend if you have any spare
There will be music, poetry, reflection, prayer, time to share and time to listen. There will be no long preach. In fact, nothing in the whole service will be overlong and it will last less than an hour. There have been enough people asking about a different kind of gathering on Sunday evening for us to try one out. If no one comes, that's fine and future ones will be quietly cancelled. But if you'd like to try something a little different, this is your chance.
It's this Sunday at 6.00pm at Cathays Methodist and I promise you will be made most welcome.
- ❖ **Bible in Ten-Thanks** A word of thanks for the encouraging feedback about **Bible in Ten** and how people are using it. My next challenge is to find ways of sharing it outside my usual contacts: not always easy in this sometimes insular world of ours. So, if you like the book and have contacts in other denominations or further afield geographically, I'm very willing to share my enthusiasm for all things biblical.

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.