Lord of all mercy, Awaken the wings of your spirit And come among us with your sustaining power. Where we are burdened by our selfishness Or held back by all that is wrong in our life. Liberate us with your love So that we may be free to run the race To which you have called us, Looking only towards you Who makes our freedom possible Through Jesus Christ our saviour.

Amen

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 20th August 2023 Twentieth Sunday in Ordinary Time

Services

Steward: Sheila Scott

10.30am Rev. Judith Holliman-Communion

Readings: Genesis 45: 1-15; Psalm 133; Romans 11: 1-2a, 29-32; Matthew 15: (10-20) 21-28

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team: Rev. Alexis Mahoney Tel: 029 2030 0321 revalexismahoney@gmail.com

Church Office: 029 2039 3439 cyncoedmethodistchurch@gmail.com

Sunday 27th August 2023 Twenty-first Sunday in Ordinary Time

Steward: Sue Tester

10.30am Gauri Taylor-Nayar

Readings: Exodus 1:8 - 2:10; Psalm 124; Romans 12: 1-8; Matthew 16: 13-20



Informal mid-week Communion <u>There will be no Thursday Communion during August.</u>

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394

Notices

- Informal Mid-Week Communion there will be no Thursday morning communion during August.
- Outreach Magazine I am hoping that you will consider submitting a contribution for the 'Autumn Outreach' whether you have done it before or be it for the first time. Photos, news, poems, reflections, stories, articles etc ... All contributions will be VERY welcome!! Submissions can be left in the 'Outreach tray' in the church Office.
 Deadline for submissions is Sunday 27th August Many thanks, Anne
- Cardiff Race For Life 10K 19th July My son, Ian, has asked me to thank everyone who sponsored him for the Race for Life this year. With your support and that of family and friends he raised over £1,300 for Cancer Research. Thank you all so very much. Alison H.

Please send items for the church notices to the Church Office or email to <u>cyncoedmethodistchurch@gmail.com</u> before 5.00pm on Wednesday.