

Testing Times

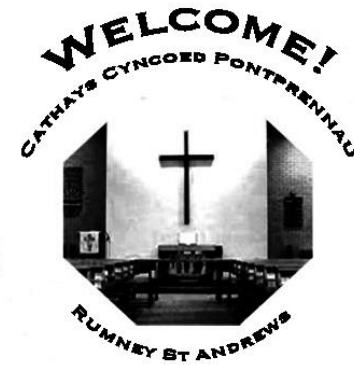
We're at the point in the year when last year's exam results are over and a new cycle is beginning. The worst bit for parents about exams is in knowing what to say and when. On one occasion, I remember phoning Rhiannon and slipping in a question about how a module had gone. It mattered because it was 15% of her whole degree.

There was a pause and I could tell she was drawing in a deep breath. "It was amazing," she told me, "I've never been so good." Excessive modesty has never been a family failing but even so I was a bit taken aback. She talked a little more and I realised this was not really about over confidence so much as relief that all the work she had put in seemed to have paid off.

It cheered me up to hear her so positive about her work. I'd been reading the Book of Job in the week before and had been thinking about how so much advice and comment is negative, even when it comes from friends or close colleagues.

We've got a real tendency, when something goes wrong, to look around for someone to blame and pile in with our criticism even when the evidence is pretty thin on the ground. People need understanding; they need solutions, not a chance to feel miserable. And was she right to be so confident? As it happens, yes!

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 3rd September 2023 Twenty-second Sunday in Ordinary Time

Services

Steward: Angela and Heather Bailey

9.15am Rev. Cathy Gale - Communion

Readings: *Exodus 3: 1-15; Psalm 105: 1-6, 23-26, 45c; Romans 12: 9-21;
Matthew 16: 21-28*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Cathy Gale

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Sunday 10th September 2023

Twenty-third Sunday in Ordinary Time

Steward: Alison Harrison

10.30am The Stewards, Local Arrangement

Readings: Exodus 12: 1-14; Psalm 149; Romans 13: 8-14; Matthew 18: 15-20



Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room

An oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394

Notices

- ❖ **Welcome Service** for Rev. Andrew Charlesworth as Synod Chair, 2nd September, 2.30pm. at Cyncoed Methodist Church.
- ❖ **Memory Walk** Helen Osborne is doing the Memory walk on behalf of the Alzheimer's Society on September 17th. If anyone would like to sponsor her there will be a form on the vestibule table and any donations can be given to the stewards.
Thank you

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.