### **Church Family News and Prayers**

# Every word, every action

Lord of power and love,

The creator of each new morning,

Who has brought us safely

To the beginning of this day;

Inspire us with your boundless power

So that we neither fail you in what we do

Or let you down by what we avoid doing.

May every minute of our day,

Every word of our mouths

And every action of our hands

Express what is in your mind and heart

So that what we think and what we do

May be lovely in your sight.

Amen

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



### CYNCOED METHODIST CHURCH

## Church Notices for Sunday 23rd July 2023 Sixteenth Sunday in Ordinary Time

### Services

Steward: Sue Tester

10.30am Ian Thomas

# 6.00pm Circuit Evening Service @ Llandaff North Led by Rev. Alexis Mahoney

**Readings:** Genesis 28: 10-19a; Psalm 139: 1-12, 23-24; Romans 8: 12-25; Matthew 13: 24-30. 36-43

#### No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

### At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- · Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team: Rev. Kofi Amissah

Tel: 029 2030 8392 kofi.amissah@methodist.org.uk

**Rev. Alexis Mahoney** 

Tel: 029 2030 0321 revalexismahoney@gmail.com

Church Office: 029 2039 3439 cyncoedmethodistchurch@gmail.com

Sunday 30th July 2023
Seventeenth Sunday in Ordinary Time
Steward: Angela and Heather Bailey

10.30am Rev. Kofi Amissah

3.00pm Farewell Service for Rev. Kofi Amissah

**Readings:** Genesis 29: 15-28; Psalm 105: 1-11, 45b or Psalm 128; Romans 8: 26-39; Matthew 13: 31-33, 44-52



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week.

## **Cyncoed Church Premises**

For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394

### **Notices**

- ❖ Rev. Kofi Amissah's Farewell Service. Will be on Sunday 30th July, 3pm at Cyncoed Methodist Church.
- Keith and Eluned Norton are celebrating their Diamond Wedding Anniversary (60 years) on the 20th July. They would like to celebrate the occasion with their Church Family on Sunday Morning 24th July. There will be cake to go with your tea or coffee. All Welcome
- Graham and Joan Bennet, A celebration of Graham and Joan's lives will be held at Cyncoed Methodist Church on Friday 28<sup>th</sup> July at 10 am, family flowers only.
- Cardiff Foodbank A "Thank You I am writing to thank you for the donation of 146.2 kg of food in the period April -June 2023 from Cyncoed Methodist. This equates to 3 meals a day for 3 days for 13 people.
  Our end of year stats for the financial year 2022-23 show

Our end of year stats for the financial year 2022-23 show that 19,253 3-day emergency food parcels were provided to local people in crisis by Cardiff Foodbank - of this number 7,639 (39%) went to children. This is a 52% increase in the number of food parcels distributed compared to the previous financial year.

Many thanks again for your generosity in these challenging times.

Cardiff Foodbank

Please send items for the church notices to the Church Office or email to <a href="mailto:cyncoedmethodistchurch@gmail.com">cyncoedmethodistchurch@gmail.com</a> before 5.00pm on Wednesday.