

Thought Box

Success is going from failure to failure without loss of enthusiasm
Winston Churchill

If you decide to go, do it with grace; if you decide to stay, do it with your whole heart.
Sally Brampton

Worry is a thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained.
Arthur Somers Roche

Some people find fault as if it were buried treasure
Francis O'Walsh

Use soft words in hard arguments
H G Bohn

Prayer means not always talking to him but listening until the dust settles and the stream runs clear.
Anon

Seventy per cent of success in life is showing up.
Woody Allen

Do not fall in love with your work. It will not love you back.

Do not confine your children to your own learning for they were born in another time.
Hebrew Proverb

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 9th July 2023 Fourteenth Sunday in Ordinary Time

Services

Steward: Sheila Scott

10.30am Rev. Kofi Amisah – Communion

3.00pm Messy Church

Readings: *Genesis 24: 34-38, 42-49, 58-67; Psalm 45: 10-17 or Canticle: Song of Solomon 2: 8-13; Romans 7: 15-25a; Matthew 11: 16-19, 25-30*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Kofi Amissah

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Rev. Alexis Mahoney

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Sunday 16th July 2023 Fifteenth Sunday in Ordinary Time

**10.30am Joint Service at Llanishen
No Service at Cyncoed**

Readings: *Genesis 25: 19-34; Psalm 119: 105-112; Romans 8: 1-11;
Matthew 13: 1-9, 18-23*



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week.

Cyncoed Church Premises

**For Out of Hours or Emergency access to the Cyncoed
Church Premises**
please call Martin on 07849 632 394

Notices

- ❖ **Messy Church** Sunday 9th of July, 3 - 5pm
Theme - 'Creation jar'
Look forward to sharing the session with you!
Anne
- ❖ **Thanksgiving Service** There will be a service of thanksgiving for the Rev. Dr Stephen Wigley on Saturday July 15th, 2.30pm at Cyncoed Methodist church - refreshments will be served in the Westminster Hall after the service.
- ❖ **Graham and Joan Bennet**, A celebration of Graham and Joan's lives will be held at Cyncoed Methodist Church on Friday 28th July at 10 am, family flowers only.
- ❖ **MHA Sunday** Many thanks to all who supported the recent special collection for Methodist Homes. The total raised was £270.
- ❖ **Circuit Evening Service** The Evening Service planned for 16th July at Llandaff North has had to be moved to the following week, Sunday 23rd July, and will be led by Rev. Alexis Mahoney.

Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.