

Church Family News and Prayers

HEROES

Years ago, I did a radio Pause for Thought on Shane Williams before his final rugby match. Curiously, he started out playing soccer because he was deemed too short for rugby. So Shane got stuck in goal for Amman United. It's where you put the kid you don't know what to do with!

Even when he got into rugby, he divided opinion. Lynn Jones at Neath had confidence in him but others were dubious about this five foot seven, twelve stone scrum half/winger. I remember one old referee telling me that the boy might have a few good matches but he'd never have a long run in the Welsh team.

Graham Henry called him the finest rugby player of his generation and that's partly because of how he used his size or, indeed, lack of it. And he's also admired for the way he fought his way back from injury when his international career seemed over.

But how do we use the inspiration of people like Shane? Do we watch them on telly and sigh as we think of our own very small achievements? Or do we wonder about how much more we might achieve if we worked consistently and believed in our ability?

Jesus Christ was very clear that, while things might start with him, they don't finish there. At the end of his time on earth, he told his followers: it's your turn now. You're the next chapter and I will be with you wherever you go. You see, it's not just about what heroes have done, it's about what we do next.

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 11th June 2023 Tenth Sunday in Ordinary Time

Services

Steward: Sue Tester

10.30am Rev. Kofi Amisah - Communion

3.00pm Messy Church

Readings: *Genesis 12: 1-9; Psalm 33: 1-12; Romans 4: 13-25;
Matthew 9: 9-13, 18-26*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

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Sunday 18th June 2023
Eleventh Sunday in Ordinary Time

Steward: Angela and Heather Bailey

10.30am Local Arrangement

Readings: *Genesis 18: 1-15 (21: 1-7); Psalm 116: 1-2, 12-19; Romans 5: 1-8;*
Matthew 9: 35 - 10: 8 (9-23)



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week.

Notices

❖ **Methodist Homes Sunday – 11th June.**

An opportunity to recognise the wonderful work undertaken by Methodist Homes, part of our Methodist family, as they celebrate their 80th Birthday. Methodist Homes provides outstanding care and support at every stage of later life, for people of all faiths and beliefs.

❖ **Cardiff Race for Life 10K - 19th JULY**

Unfortunately, due to a foot injury, I won't be able to take part in the race for life this year, but my son, Ian, has volunteered to take part on my behalf. So, I'm asking if you would be kind enough to sponsor him instead of me, to raise money for Cancer research. Since the Race for Life started over 30 years ago, more than £940 million has been raised, so this race really is a worthwhile fundraiser. Thank you.
Alison Harrison

Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.