

## Church Family News and Prayers

### Life on film

They want some footage of my life  
For the publicity campaign.  
I sit in the garden and write this.  
What a strange thing to be doing:  
Re-enacting my private life  
For public consumption.

It's not false: this is what I do  
But it's not entirely true either:  
I know a camera's following me  
And I pretend to be unaware of it.  
The difference between  
This afternoon and reality  
Is that life happens  
Without any chance to edit it.

Life doesn't let you choose,  
The angle at which the light catches your face,  
Nor does it dwell lovingly on your better side.  
It ambushes you, raw and unprepared,  
For nearly every scene that unfolds  
In ways you never planned for or expected.

That's why it's good to give  
Each other second chances.  
If we cannot edit life,  
We should at least live it  
With kindness and forgiveness.  
There will be no repeat performance

***We continue to pray for those members of our Church Family  
and Friends who are unwell and all those who mourn.***



**CYNCOED METHODIST CHURCH**

### **Church Notices for Sunday 26th February 2023 First Sunday in Lent**

#### *Services*

**Steward: Alison Harrison**

**10.30am Dave Kitchen**

**6.00pm Circuit Zoom Service**

**Readings:** *Genesis 2: 15-17; 3: 1-7; Psalm 32; Romans 5: 12-19;  
Matthew 4: 1-11*

#### **No More Covid Restrictions**

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

#### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**All inspired by God centred worship and prayer.**

**The Ministerial Team:**

**Rev. Kofi Amissah**

Tel: 029 2030 8392 [kofi.amissah@methodist.org.uk](mailto:kofi.amissah@methodist.org.uk)

**Rev. Alexis Mahoney**

Tel: 029 2030 0321 [revalexismahoney@gmail.com](mailto:revalexismahoney@gmail.com)

**Church Office: 029 2039 3439**

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

**Sunday 5<sup>th</sup> March 2023**

**Second Sunday in Lent**

**Steward: Sue Tester**

**9.15am Rev. Kofi Amissah - Communion**



**Informal mid-week Communion**  
**Thursday at 10.15am in the Fellowship Room**  
*An Oasis of peace in a busy week.*

**Notices**

- ❖ **Circuit Zoom Service 26<sup>th</sup> February**  
Joining details are:
- ❖ **Margaret Bailey**. It is with great sadness that we announce the death of Margaret Bailey (Kimberly Road). After struggling with her health for a while, Margaret passed away peacefully at her home. We will update on her funeral arrangements when we have them.  
Alison H.
- ❖ **Informal mid-week Communion** Next Thursday's mid-week communion will be at 10.15am in the Fellowship Room and will be led by Rev. Stephen Wigley.
- ❖ **Trinity Centre Vacancies**. Volunteers are needed to help with the Wednesday morning coffee morning and the toiletries bank, especially on a Monday.
- ❖ **The Circuit Lent Study** will be running again this year, following 'Failure' the Archbishop of Canterbury's Lent Book for 2023.  
Mondays from 27th February, 7.30pm on Zoom  
Wednesdays from 1st March, 2pm at Wesley Methodist, Caerphilly.

**Please send items for the church notices to the Church Office  
or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)  
before 5.00pm on Wednesday.**