

Church Family News and Prayers

Favourites

My dad told me it was bad to have favourites especially in a family. I know what he means but it's jolly hard to follow that advice. The good thing is that with the **Bible in Ten** I can at least have a few favourites without it ending in tears and tantrums.

I loved working on the Psalms and capturing the heart of number 30 was a particular thrill

I was as low as it gets...you lifted me.

I needed help so badly...you healed me.

I was staring over the edge...you held on to me.

That's why I sing, that's why I feel secure:

Because I called and you answered,

Because you took my tears and made me dance again.

Bible in Ten launches tomorrow at Glenwood Church CF23 6UW on Monday 20th February at 6.00pm. Let Dave know if you're coming. It's a chance to hear the story behind the project plus a little bit of the book itself. There'll be refreshments, good conversation and smiles all round!
davekitchen30@hotmail.com

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 19th February 2023 Sunday before Lent

Services

Steward: Jenny Siddall

10.30am The Stewards

Readings: *Exodus 24: 12-18; Psalm 2 or Psalm 99; 2 Peter 1: 16-21; Matthew 17: 1-9*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Kofi Amissah

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Sunday 26th February 2023

First Sunday in Lent

Steward: Alison Harrison

10.30am Dave Kitchen

Readings: *Genesis 2: 15-17; 3: 1-7; Psalm 32; Romans 5: 12-19;
Matthew 4: 1-11*



Informal mid-week Communion
Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week.

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises please call Martin on 07849 632 394

Notices

- ❖ **Outreach Magazine** I am hoping that you will consider submitting a contribution for the 'Spring' Outreach' whether you have done it before or be it for the first time.
Photos, news, poems, reflections, stories, articles etc ...
All contributions will be VERY welcome!! Submissions can be left in the 'Outreach tray' in the church Office.
Deadline for submissions is Sunday 19th February
Many thanks, Anne

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.