

Church Family News and Prayers

One minute with ...

Each of the parts in **Bible in Ten** end with a thought that takes one minute or less. In the case of the Minor Prophets these are often a set of short sentences or bullet points. So, if you've ever wondered what those smaller books are on about, here are two examples

Amos: what religion isn't

Religion isn't there to make you feel comfortable or excuse your greed. It isn't there so you can forget about others and live in luxury. God wants all that's right and fair flowing like a river that never runs dry. Religion isn't about profit margins; it's about listening to the prophet.

Haggai in a breath

Do the difficult things as well as the stuff you like.

Do it together.

And keep going because you're walking with God.

When things go wrong, say sorry, start again.

It may not always look like it but you'll get there.

Bible in Ten launches at Glenwood Church CF23 6UW on Monday 20th February at 6.00pm. Let Dave know if you're coming. It's a chance to hear the story behind the project plus a little bit of the book itself. There'll be refreshments, good conversation and a curious sense of happiness!

davekitchen30@hotmail.com

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 5th February 2023 Fifth Sunday in Ordinary Time

Services

Steward: Sue Tester

9.15am Rev. Kofi Amissah - Communion

Readings: *Isaiah 58: 1-9a (9b-12); Psalm 112: 1-9 (10); 1 Corinthians 2: 1-12 (13-16); Matthew 5: 13-20*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Kofi Amissah

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Sunday 12th February 2023

Sixth Sunday in Ordinary Time

Steward: Angela and Heather Bailey

10.30am Rev. Kofi Amissah – Communion

3.00pm Messy Church

Readings: *Deuteronomy 30: 15-20 or Sirach/Ecclesiasticus 15: 15-20;*
Psalms 119: 1-8; 1 Corinthians 3: 1-9; Matthew 5: 21-37



Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room

An Oasis of peace in a busy week.

Notices

- ❖ **Outreach Magazine** I am hoping that you will consider submitting a contribution for the 'Spring' Outreach' whether you have done it before or be it for the first time.
Photos, news, poems, reflections, stories, articles etc ...
All contributions will be VERY welcome!!
Submissions can be left in the 'Outreach tray' in the church Office.
Deadline for submissions is Sunday 19th February
Many thanks, Anne
- ❖ **Forward in Hope** The Circuit Leadership Team has asked churches to consider and discuss questions raised at the Forward in Hope Day held in November. The Leadership Team at Cyncoed has consequently arranged a gathering, dubbed "Brunch and Brain Wracking", this will provide an opportunity for the Cyncoed Church family to meet around a meal, share fellowship and to ponder the questions to produce answers that will go in a report to the Circuit. The 'Brunch and Brain-Wracking' will take place on Saturday 11th February 2023 at 10:30am at Cyncoed Methodist Church. There will be plenty of food to share and good company to enjoy. Please phone the Church Office, email or speak to a Steward to let us know that you are coming.
If for any reason you are unable to make it on the 11th of February, you are welcome to send us your thoughts on the questions, via email or any means that works for you.
- ❖ **Wenchi Hospital Fistular project** Sponsored Swim
I am pleased to tell you that thanks to your generosity the final total raised in support of the above is £445
Anne

**Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.**