

Turning point

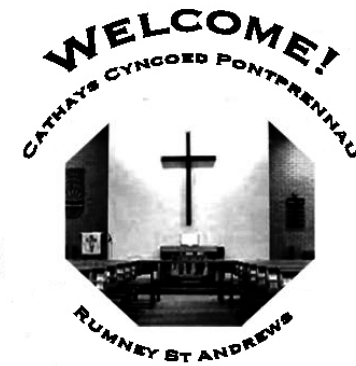
When you think you should get on with the job
You tidy your desk
Re-arrange your papers
Put the details into drawers
And the world into alphabetical order
File away the future

When you think you're ready
You breathe in deeply
Re-arrange the planned sentences
Go for a short walk
In order to present a settled front
A calm and utterly false exterior

When you think you should take your chance
You calculate the odds
Re-arrange your emotions
Remember your mother on
The virtue of being safe and sensible
Look to delay till the chance goes by

When you know you must change
You turn with the utmost reluctance
Re-arrange nothing
And meet whoever it is
Who is bidding you new morning
And saying "Do not be afraid".

***We continue to pray for those members of our Church Family
and Friends who are unwell and all those who mourn.***



CYNCOED METHODIST CHURCH

Church Notices for Sunday 2nd October 2022 27th Sunday in Ordinary Time

Services

Steward: Alison Harrison

9.15am Rev. Cathy Gale - Communion

Readings: *Lamentations 1: 1-6; Cantic: Lamentations 3: 19-26 or
Psalm 137; 2 Timothy 1: 1-14; Luke 17: 5-10*

No More Covid Restrictions

As we are all aware, all COVID restrictions have been lifted. There are therefore no restrictions applicable to our services or any gathering in the Cyncoed Methodist building. We are however aware that Covid is still around. For this reason, we encourage that when in the Cyncoed Methodist building, everyone must graciously respect the preferences of other members of the congregation and the community, especially if people choose to maintain any of the preventive protocols.

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Kofi Amissah

Tel: 029 2030 8392 kofi.amissah@methodist.org.uk

Rev. Alexis Mahoney

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Family & Community Lay Worker - Helen Osborne

Tel: 029 2039 3439, mobile 07788 701 129, helen.osborne11@btinternet.com

Sunday 9th October 2022
28th Sunday in Ordinary Time

Steward: Sue Tester

10.30am Local Arrangement -The Stewards

3.00pm Messy Church

Readings: *Jeremiah 29: 1, 4-7; Psalm 66: 1-12; 2 Timothy 2: 8-15;*
Luke 17: 11-19



Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week

Cyncoed Church Premises

For Out of Hours or Emergency access to the Cyncoed Church Premises
please call Martin on 07849 632 394 or
email: cyncoedmethodistchurch@gmail.com

Notices

- ❖ **Messy Church** Sunday 9th of October, 3 - 5pm

Theme - 'God's love for the planet'



Look forward to sharing the session with you!

Anne

- ❖ **Men's Breakfast** is to be next Saturday, 8th October at 8am in the Fellowship Room. To book your place please call the office
- ❖ **Girl's Get Together** meets Next Wednesday 5th October at Alison Kitchen's house where we will be discussing "Good News and why we don't hear enough of it".
Do come and join us for soup, nibbles, drinks a catch up and time to chew over the topic and bring some nibbles if you want.
- ❖ **Ghana Evening** on Saturday 8th October 2022 at 5.30pm, for a 6.00pm start, at Cyncoed Methodist Church.
Activities will include worship, food and entertainment. We hope to raise funds at this event and others to support the Wenchi Methodist Hospital, Fistular Repair Project in Ghana
- ❖ **SMARTIES CHALLENGE. Supporting the Wenchi Hospital Ghana** It isn't too late to join the Challenge, please pick up your Smarties Tubes at the back of the Church and be part of the action. Tubes filled with coins will be returned to the Church late November.
Many thanks to all of you already involved
- ❖ **Sponsored swim in aid of the Wenchi Fistular Project**
My challenge is a Channel swim (22 miles) in my local pool over a period of 12 weeks (starting September 2022).
A sponsor form will be on the table in the Vestibule and I would be very grateful if you will agree to sponsor me for this challenge.

Please send items for the church notices to the Church Office
or email to cyncoedmethodistchurch@gmail.com
before 5.00pm on Wednesday.