

NO MORE PANCAKES

Lent: that's the end of the fun for a while. No more pancakes, no more chocolate, lots of serious study and a hair shirt for those who want to take the masochism a bit further.

But should it be like that? John the Baptist worked in the desert but he didn't starve himself. He ate what was there; he had water to drink; he clearly must have had a place to sleep.

And Jesus didn't go into the desert just to beat himself up; he went in order to think long and hard about the work he was going to do.

A desert is a place full of life if you know where to go to find it. It's not always a place of terrific abundance but you can find enough if you know the land. And it gives you space, absolutely miles of it.

So perhaps that's the thing – a desert offers space in which to think, somewhere to sort your brain out. In fact, that's exactly what Jesus was doing.

In that case, losing the chocolate is Lent on the surface; finding what you're here to be and do is much more like the heart of the matter.

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.



CYNCOED METHODIST CHURCH

Church Notices for Sunday 6th March 2022 First Sunday in Lent

Services

Steward: Alison Harrison

9.15am Rev. Kofi Amissah - Communion

Readings: *Deuteronomy 26: 1-11; Psalm 91:1-2, 9-16; Romans 10: 8b-13;
Luke 4: 1-13.*

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

All inspired by God centred worship and prayer.

The Ministerial Team:

Rev. Kofi Amissah

Tel: 029 2030 8392 kofi.amissah@methodist.org.uk

Rev. Alexis Mahoney

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Family & Community Lay Worker - Helen Osborne

Tel: 029 2039 3439, mobile 07788 701 129, helen.osborne11@btinternet.com

Church Office: 029 2039 3439

cyncoedmethodistchurch@gmail.com

Sunday 13th March 2022

Second Sunday in Lent

Steward: Jenny Siddall

10.30am Rev. Kofi Amissah - Communion

Readings: *Genesis 15: 1-12, 17-18; Psalm 27; Philippians 3:17 - 4:1;
Luke 13: 31-35*

Informal mid-week Communion

Thursdays at 10.30am in the Fellowship Room
An Oasis of peace in a busy week

Cyncoed Church Premises

If you require access to Cyncoed Church premises please call the Church Office on 029 2039 3439 (leave a message if no one is available to answer) or email cyncoedmethodistchurch@gmail.com

NB: With immediate effect everyone entering the Cyncoed Church premises who is over 11 years of age must wear a face covering (unless they have a reason for exemption). Furthermore the face covering must remain in place for as long as they are on the church premises. This is a legal requirement as the church premises are considered to be an indoor public space.

Notices

❖ **Church Cleaning**

I am trying to organise a church cleaning rota, so if anyone could spare 1-2 hours every few weeks to clean the church, would you please contact me on 07802680092, thank you. Alison Harrison

❖ **Trinity Coffee Morning**

The Trinity Centre is running a coffee club for members of the local community and refugees and asylum seekers every Wednesday between 10:00 - 11:30am. Members from across the Circuit are very welcome to join them for tea/coffee and a chat!

❖ **The Caerphilly Council of Churches** are holding Lent Lunches and Talks again this year from 12noon to 1pm on Fridays during Lent and will raise money for Christian Aid.

❖ **Circuit Lent Study**

Life on the Breadline - A Lent Course looking at how the Church should respond to poverty and inequality in Britain. Led by Rev. Cathy Gale and Rev. Alana Lawrence.

Wednesday 9th, 16th & 23rd March and 6th April

2pm - 3.30pm Face to Face at Wesley Methodist Church Caerphilly

7.30pm - 9pm via Zoom, details attached.

❖ **Lent PUSH Prayers.** These will be held every Saturday, most will be in person as well as on Zoom and will start at 10am. (There are two weeks that will start at 9.30am). Details of dates and venues are on the attached poster. Zoom details are also attached.

Please send items for the church notices to the Church Office or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.