

Church Family News and Prayers

New beginnings

Even though it's years since I worked in a school, I still remember how it felt when September arrived. A panic about messing it all up. A deep fear of not being able to cope. It was worst in dreams where I had no idea what was going on or what I was supposed to do. Pupils and teachers actually seem to share these fears. Nobody goes back after the long summer break without a bit of apprehension; quite a few return with blood-curdling horrors in full flight.

I still remember being eleven and waiting for the bus to High School on my first day. Having your head flushed down the toilet was the least of my problems. I was the only one from my school going there so I was entirely on my own. Into my terror sidled Michael, a tall friendly American boy who didn't know anyone either.

We got on from the first hallo and I quickly discovered that, because his family was always moving house, he'd learnt to cope with almost anything. So, where I expected all sorts of troubles to bubble up, I found a friend who looked after me and, across time, showed me how to face up to the problems that school life brings.

The real world is usually nowhere near as bad as people make it out to be in their imaginations. My favourite bit from all the things that Jesus said, is the advice he gave about being scared of the future. "Can worry make you live a single day longer?" he asked those who sat and listened. "Can it make you grow an inch taller? Have faith in God. Don't fret about all your tomorrows. Today is quite enough to cope with!"

Dave Kitchen

We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.

*If you would like to be included in the prayer list,
Please write your name in the book in the foyer of the church.*

**Please pray for our CEEMP Prayer Partners:
St David's/All Saints Llanedeyrn**

**Prayer in Your Street for September:
Cyncoed Ave. Clarendon & Werngoch Road**



CYNCOED METHODIST CHURCH

**A warm welcome to everyone worshipping with us today
Please stay for coffee or tea in the church after the service.**

**Sunday 2nd September 2018
22nd Sunday in Ordinary Time**

Steward: Alison Harrison

9.15am Rev. Kofi Amissah - Communion

10.30am Rev. Kofi Amissah

6.00pm Rev. Nick Oborski @ St Andrews

Readings:

Song of Solomon 2: 8-13; Psalm 45:1-2, 6-9; James 1: 17-27; Mark 7:1-8, 14-15, 21-23

At Cyncoed Methodist Church

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

all inspired by God centred worship and prayer.

A family room is available, if needed, for the use of parents with babies and toddlers, allowing parents to share in worship while the little ones enjoy the toys provided. Please ask one of the stewards for more information.

Please ensure that your mobile is on 'silent' during the service

The Ministerial Team:

Rev. Kofi Amissah

Tel: 029 2025 9500 kofi.amissah@methodist.org.uk

Rev. Alexis Mahoney

revalexismahoney@gmail.com

Family & Community Lay Worker - Helen Osborne

Tel: 029 2039 3439, mobile 07788 701 129, helen.osborne11@btinternet.com

Church Office: 029 2039 3439

cyncoedmethodistchurch@gmail.com

Sunday 9th September 2018 23rd Sunday in Ordinary Time

Steward:

10.30am Rev. Delyth Liddell

3.00pm Messy Church

6.00pm Circuit Welcome Service @ Cathays

Readings:

Proverbs 22: 1-2, 8-9, 12-13; Psalm 125; James 2: 1-10 (11-13) 14-17;
Mark 7:24-37

FOR ALL OUR TOMORROWS

Creating a better life for older people and how together we can make a difference

Thursday 6th September 2018 from 10:30am – 1:30pm

at

Trinity Methodist Church, Stanwell Road, Penarth, CF64 2EX

Find out all about MHA care homes, as well as how we support people living with dementia through the remarkable effects of music therapy.

If you are new to this church or if you have any particular concerns and would like to talk to someone please give your name and contact details to one of the ministers or stewards.

Notices

- **Mission Meeting:** A Mission meeting is to be arranged in September for those who have the responsibility of a Church Mission Activity, to meet up with our new Minister, for him to meet us, and for us to put forward our plans and vision for our work. Keith Norton Mission Committee Chairman. (Please give dates available or not available) Thanks. keithba.norton@gmail.com
- **Circuit Welcome Service:** for Rev. Alexis Mahoney and Rev. Kofi Amissah Sunday 9th September at 6.00pm at Cathays Methodist Church.
- **CEEMC:** North Cluster, there will be an open meeting at All Saints, Cyncoed on Wednesday September 5th at 7.30pm. All are welcome to attend.
- **URGENT-CUPBOARD OWNERS EPWORTH ROOM AND LEVEL 2:** If you or your organisation is the owner of one of the cupboards in the Epworth Room or Level 2 please contact Martin Rees via the church office as soon as possible.
- **Mens Breakfast:** The next breakfast is on Saturday 8th September at 8.30am. There will be a presentation by Gwyn Ashill on his charity work in Zimbabwe.
- **Girl's Get Together** is Back! We re-start on Wednesday 12th September 7.30pm at Alison Kitchen's 67 BlackOak Road, Cardiff CF23 6QU. We will be asking ourselves the question "**Who on earth are we?**" in a fun format. Bring some food to share. Soup provided and all Ladies and friends welcome. See you there.
- **Cameo:** Next meeting is on Wednesday 5th September at 7.30pm. Speaker dean Powell, topic "Glyn Houston" Leader Mary Cook.
- **Lunch Club:** Do you have a few hours to spare on Wednesdays? Would you be able to help out at the Lunch Club with laying tables/ serving meals/washing dishes and clearing away ? If so, please contact Sandy Warner (029 2054 1480) for more information.

Please leave items for the church notices in the Church Office (for Mike Berry) or email to cyncoedmethodistchurch@gmail.com before 5.00pm on Wednesday.