

## Church Family News and Prayers

### **Words about words from Proverbs**

The trouble with gossip is that it's so tasty  
And we don't just nibble it, we swallow it whole.

Without wood, a fire goes out; without gossip, arguments fade away.

Cruel words crush the spirit; kind words bring you back to life.

The more you chatter on endlessly, the more likely you are to say something you shouldn't. Open your mouth and you'll have to accept the consequences.

Arguments are like cracks in the walls of dams: if you don't sort the problem out there and then, you're in the firing line for big-time disaster.

Lies are here today and gone in next to no time;  
Truth has no 'use by' date, no 'best before' limit.

Talk without thought can cut and hurt but wise words heal the heart.

Give up on the weasel words, dump the devious talk and look people straight in the eye

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***

*If you would like to be included in the prayer list,  
Please write your name in the book in the foyer of the church.*

**Please pray for our CEEMP Prayer Partners:  
St David's/All Saints Llanedeyrn**

**Prayer in Your Street for July:  
Sandwick Court, Cyncoed Rise & Cyncoed Place**



### **CYNCOED METHODIST CHURCH**

**A warm welcome to everyone worshipping with us today  
Please stay for coffee or tea in the church after the service.**

**Sunday 22nd July 2018  
16<sup>th</sup> Sunday in Ordinary Time**

**Steward: Alison Harrison**

**10.30am Helen Osborne**

**6.00pm Rev. Jarel Robinson-Brown @ St Andrews**

#### ***Readings:***

2 Samuel 7: 1-14a; Psalm 89: 20-37; Ephesians 2: 11-22; Mark 6: 30-34, 53-56

#### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**all inspired by God centred worship and prayer.**

***A family room*** is available, if needed, for the use of parents with babies and toddlers, allowing parents to share in worship while the little ones enjoy the toys provided. Please ask one of the stewards for more information.

***Please ensure that your mobile is on 'silent' during the service***

## The Ministerial Team:

### Rev Jarel Robinson-Brown:

Tel: 029 2052 9255, [jarel.robinson-brown@methodist.org.uk](mailto:jarel.robinson-brown@methodist.org.uk)

### Family & Community Lay Worker - Helen Osborne

Tel: 029 2039 3439, mobile 07788 701 129, [helen.osborne11@btinternet.com](mailto:helen.osborne11@btinternet.com)

### Church Office: 029 2039 3439

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

## Sunday 29th July 2018 17<sup>th</sup> Sunday in Ordinary Time

Steward: Peter Evans

10.30am Anthony Thomas

6.00pm Rev. Alana Lawrence @ St Andrews

### Readings:

2 Samuel 11: 1-15; Psalm 14; Ephesians 3: 14-21; John 6: 1-21

## Have you visited the Church Web Site?



The address is  
[www.cyncoedmethodistchurch.co.uk](http://www.cyncoedmethodistchurch.co.uk)

If you are new to this church or if you have any particular concerns and would like to talk to someone please give your name and contact details to one of the ministers or stewards.

## Notices

- **Bible Study:** the next Bible study will be at 14 Lonsdale Road at 7.30pm on Tuesday 24<sup>th</sup> July. All are welcome.
- **Church Cleaning:** Volunteers are needed, on a rota basis, to clean the church. Can you help? Please contact Alison Harrison on 029 2048 4659.
- **Televisions:** if anyone has televisions they no longer need, Rev Irfan John would be interested in hearing from you as there are a number of asylum seeker and refugee families he works with who would appreciate one. Rev Irfan can be contacted on 029 2040 7308 or [voice4jesus@hotmail.co.uk](mailto:voice4jesus@hotmail.co.uk)
- **Thank You:** Yvonne Hibbert would like to thank the Church Family for their kind thoughts and prayers during her recent illness and hopes to be back amongst us soon.
- **Readers:** volunteers are required to do Bible readings at Sunday services. Please contact Jenny Siddall for details.
- **Prayer Manual:** if you would like to order a copy of Prayer Manual- A World Transformed, cost £3.50, please write your name on the form in the vestibule before Sunday 29<sup>th</sup> July.
- **CEEMC:** Following updates over the past few months CEEMC are now active on Facebook. You can find us by searching on Facebook for CEEMC Churches Together. The page is YOUR PAGE; please like it and share it.
- **Church Notices:** Next Sunday will be the last Notices prior to the Summer Break. Notices will restart 26<sup>th</sup> August. Please submit any items for next week's notices by Wednesday 25<sup>th</sup> July.

Please leave items for the church notices in the Church Office (for Mike Berry) or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.