

## Church Family News and Prayers

### Dressed up

For 30 years, I had a job which made putting on clothes in the morning simplicity itself. I chose a suit, a tie, a white shirt and a pair of black shoes. Not exciting but very little thinking required. Then I changed jobs. All of a sudden, suits got used only rarely. In between, I'd work from home or make visits where frankly I was not quite sure what they expected me to wear. I hadn't realised until then what safety there can be in a suit and tie. You blend into the background, stay happily invisible. Wear something different because no one explained the dress code and you stand out like a sore thumb. Several times, I felt as if I had turned up in boxer shorts at a vicarage tea party. Not literally, of course, but the feeling of awkwardness was just as powerful as if I had.

It became a visible reminder that I was the new boy. Start anything afresh and there is always so much to learn. That's fine by me but it was noticeable how nervous people were about whether you'd be willing to take on new skills. Not surprising – it needs a combination of flexibility, determination and patience.

The writer of Ecclesiastes declares how much better patience is than pride and reminds the faint-hearted that: "The end of anything is better than its beginning." That's the encouragement we all need when struggling with something. Not that there are instant solutions in this world but that, if we keep working at it, the finish will be better than the start.

*Dave Kitchen*

***We continue to pray for those members of our Church Family and Friends who are unwell and all those who mourn.***

*If you would like to be included in the prayer list,  
Please write your name in the book in the foyer of the church.*

**Please pray for our CEEMP Prayer Partners:  
St Edeyrn's, Llanedeyrn**



### CYNCOED METHODIST CHURCH

**A warm welcome to everyone worshipping with us today  
Please stay for coffee or tea in the church after the service.**

**Sunday 22<sup>nd</sup> April 2018  
Fourth Sunday of Easter**

**Steward: Alison Harrison**

**10.30am Helen Osborne**

**6.00pm Rev. Jarel Robinson-Brown @ St Andrews**

*Readings; Acts 4: 5-12; Psalm 23; 1 John 3: 16-24; John 10: 11-18*

### ***At Cyncoed Methodist Church***

We are called to tell God's story by living as God's people through:

- Preaching and teaching the gospel
- Encouraging spiritual growth
- Outreach in the community
- Responding to opportunities for change

**all inspired by God centred worship and prayer.**

**A family room** is available, if needed, for the use of parents with babies and toddlers, allowing parents to share in worship while the little ones enjoy the toys provided. Please ask one of the stewards for more information.

***Please ensure that your mobile is on 'silent' during the service***

## The Ministerial Team:

**Rev Philip Buckland:** Tel: 029 2049 5202, [buckland.philip@gmail.com](mailto:buckland.philip@gmail.com)

**Rev Jarel Robinson-Brown:**

Tel: 029 2052 9255, [jarel.robinson-brown@methodist.org.uk](mailto:jarel.robinson-brown@methodist.org.uk)

**Family & Community Lay Worker - Helen Osborne**

Tel: 029 2039 3439, mobile 07788 701 129, [helen.osborne11@btinternet.com](mailto:helen.osborne11@btinternet.com)

**Church Office: 029 2039 3439**

[cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com)

## Sunday 29th April 2018 Fifth Sunday of Easter

**Steward: John Tredget**

**10.30am Rev. Delyth Liddell**

**6.00pm Rev. Philip Buckland**

*Readings; Acts 8: 26-40; Psalm 22: 25-31; 1 John 4: 7-21; John 15: 1-8*

## Wholly Included II

**Fostering positive identity and mental wellbeing in the Methodist Church. A day organised and run by the Discipleship, Ministries and Learning Network.**

**This training event is open to anyone associated with the Methodist Church in Wales. There is no cost and lunch will be provided.**

**North Wales event to be held on 8<sup>th</sup> May 2018, Trinity Methodist Church, Prestatyn with registration at 9:30.**

**South Wales event to be held on 13<sup>th</sup> June 2018, Capel y Nant, Clydach, Swansea, with registration at 9:30.**

**For more information or to book a place, please email: [bennettg@methodistchurch.org.uk](mailto:bennettg@methodistchurch.org.uk) or call 07799 900485**

**If you are new to this church or if you have any particular concerns and would like to talk to someone please give your name and contact details to one of the ministers or stewards.**

## Notices

- **CEEMP**  
Cardiff East Ecumenical Mission Partnership invites everyone to the Annual General Meeting, 6.30pm on Tuesday 24<sup>th</sup> April at the Church of the Resurrection, St Mellons followed by a Vegetarian Meal @ 7.00pm.
- **Concert in aid of the Soup Run**  
City Voices Cardiff. Thursday 10<sup>th</sup> May at 7.30pm  
Tickets £5, Children £3, available from church office.
- **No. 1 Housegroup.**  
Will meet at 7.30pm on Tuesday 24<sup>th</sup> April at 14 Lonsdale Road, Penylan to study Hebrews.
- **The Trinity Centre's Global Gardens Project**  
The Trinity Centre's Global Gardens Project has been selected to be one of five projects in the ITV Wales region in the running for a share of up to £150,000 of funding. To be in with a chance of winning, Global Gardens is calling on you to support its bid. YOUR vote could help secure £50,000 of National Lottery funding.  
Voting is open now at [www.thepeoplesprojects.org.uk](http://www.thepeoplesprojects.org.uk).  
PLEASE VOTE FOR THEM. Voting closes on 30<sup>th</sup> April.
- **General Church Meeting**  
The General Church Meeting will take place at the Church on Tuesday May 1st at 7.30 pm. The Agenda for the meeting and the minutes of last year's meeting will be displayed in the Church the previous week.
- **Ronald McDonald House Charities**  
Roy Methley is running the Newport Marathon at the end of April in aid of Ronald McDonald House Charities (RMHC). RMHC provide free 'home away from home' accommodation at specialist hospitals across the UK, enabling families of sick children to stay close to their child. They were a huge help to us when our daughter Sacha was in hospital, so any contributions would be gratefully received. If anyone would like to give, then they can go to [JustGiving.com](http://JustGiving.com) and search for Roy Methley, or see sponsor form in the church vestibule..

**Please leave items for the church notices in the Church Office (for Mike Berry) or email to [cyncoedmethodistchurch@gmail.com](mailto:cyncoedmethodistchurch@gmail.com) before 5.00pm on Wednesday.**